

New York State

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**NYS PTA**  
**WELLNESS TOOLKIT**  
**RESOURCES**

## Alcohol, Tobacco and Other Drugs

- a. Encourage prevention, education and treatment efforts regarding substance abuse.
- b. Support measures to eliminate tobacco use among children and youth.

### Associated Resolutions

PROTECTING CHILDREN AND YOUTH FROM THE INFLUENCE OF TOBACCO USE IN MOVIES – 2014 (R-'07)  
DRUG TESTING IN SCHOOL DISTRICTS – 2014 (U-'07, R-'00, R-'93, R-'86)  
SOCIAL HOST LAW – 2014  
ELECTRONIC CIGARETTES AND YOUTH – 2014  
COMPREHENSIVE NYS TOBACCO CONTROL & PREVENTION PROGRAM – 2013 (R-'06, U-'99)  
UNDERAGE ACCESS RESULTING FROM THE DIRECT SHIPPING OF ALCOHOLIC BEVERAGES – 2012 (U-'05, R-'98)  
MARIJUANA – 2012 (R-'05, R-'98, U-'91, R-'84)  
INFLUENCE OF MEDIA ON TOBACCO USE – 2011 (U-'04)  
SALE OF ALCOHOLIC BEVERAGES IN SUPERMARKETS – 2010 (R-'03, U-'96, R-'89, U-'82)  
COMPREHENSIVE K-12 DRUG, ALCOHOL AND SUBSTANCE ABUSE PREVENTION EDUCATION –2010 (U-'02)  
DETOXIFICATION OF MINORS – 2009  
SALE OF TOBACCO TO MINORS – 2009 (R-'02, R-'95, R-'88)  
POINT OF SALE ACCESSIBILITY AND ADVERTISING OF TOBACCO PRODUCTS – 2009 (R-'02, U-'00)

### Associated Position Papers

PRESCRIPTION AND OVER THE COUNTER DRUG ABUSE

### Resources

The Partnership at Drug Free.org: [www.drugfree.org](http://www.drugfree.org)  
Substance Abuse and Mental Health Services Administration: [www.samhsa.gov](http://www.samhsa.gov)  
NYS Office of Alcoholism and Substance Abuse Services: [www.oasas.ny.gov](http://www.oasas.ny.gov)  
National Institute on Drug Abuse: [www.drugabuse.gov](http://www.drugabuse.gov)  
National Council on Alcoholism and Drug Dependence, Inc: [ncadd.org](http://ncadd.org)  
The Foundation for a Smokefree America: [www.tobaccofree.org](http://www.tobaccofree.org)  
NYS Smokers' Quitline: [www.nysmokefree.com](http://www.nysmokefree.com)  
Campaign for Tobacco Free Kids: [www.tobaccofreekids.org](http://www.tobaccofreekids.org)  
Kick Butts Day: [www.kickbuttsday.org](http://www.kickbuttsday.org)  
White House Office of National Drug Control Policy: [www.whitehouse.gov/ondcp](http://www.whitehouse.gov/ondcp)  
US Drug Enforcement Agency: [www.justice.gov/dea/index.shtml](http://www.justice.gov/dea/index.shtml)

## Environment

- a. Insist that all school property be environmentally safe and provide a healthy learning environment.
- b. Insist that all members of the school community have a “right to know” about environmental health issues and hazards in their school environment.
- c. Encourage schools and communities to model environmentally responsible behavior.
- d. Promote awareness of the impact of potentially hazardous substances.

### Associated Resolutions

BIO-SOLIDS IN NEW YORK STATE – 2015

CELLULAR PHONE TOWERS – 2014 (R-'07, R-'00)

INDOOR AIR QUALITY GUIDELINES FOR SCHOOLS – 2014 (U-'07, R-'00, R-'93)

PROTECTION OF GROUNDWATER SUPPLIES – 2014 (U-'07, R-'00, R-'93, R-'86)

SOIL CONTAMINATION ON SCHOOL GROUNDS – 2014 (U-'07, R-'00, R-'93, R-'86)

IMPLEMENTING ENVIRONMENTAL EDUCATIONAL AND LEGISLATIVE ACTION – 2013 (R-'06, R-'99, U-'92)

AIR QUALITY STANDARDS IN INDOOR ICE ARENAS – 2012

REDUCING AND PHASING OUT THE USE OF POLYVINYL CHLORIDE (PVC) PLASTIC IN NEW YORK SCHOOLS – 2012

PAPER RECYCLING AND RECYCLED PAPER USE – 2012 (R-'05, R-'98, R-'91)

SEWAGE WASTE PROBLEMS – 2011 (U-'04, R-'97, R-'90, R-'83)

TOXIC ART SUPPLIES – 2011 (U-'04, R-'97, R-'90, R-'83)

USE OF POLYSTYRENE PRODUCTS – 2010 (U-'03, R-'96, R-'89)

INTEGRATED PEST MANAGEMENT – 2010 (R-'03, R-'96, R-'89)

HAZARDS FROM LAND, WATER, AIR, NOISE AND LIGHT POLLUTION – 2010 (R-'03, U-'96, R-'89, U-'82)

MERCURY REDUCTION IN THE ENVIRONMENT – 2009 (U-'02)

LABELING OF MILK PRODUCTS – 2009 (R-'02, U-'01, R-'94)

BAN ON DEET WITH CONCENTRATION OVER 30% – 2009 (R-'02, R-'95)

### Resources

US Environmental Protection Agency: [www.epa.gov](http://www.epa.gov)

NYS Department of Environmental Conservation: [www.dec.ny.gov](http://www.dec.ny.gov)

NYS Government Guide regarding environment: [www.nysegov.com/citGuide.cfm?superCat=396](http://www.nysegov.com/citGuide.cfm?superCat=396)

NYS Office of Parks, Recreation and Historic Preservation: [nysparks.com/environment](http://nysparks.com/environment)

Asthma and the School Environment in NYS: [www.health.ny.gov/diseases/asthma/asthma\\_in\\_schools.htm](http://www.health.ny.gov/diseases/asthma/asthma_in_schools.htm)

World Health Organization: Information Series on School Health: The Physical School Environment:

[www.who.int/school\\_youth\\_health/resources/information\\_series/en](http://www.who.int/school_youth_health/resources/information_series/en)

Natural Resources Defense Council: [www.nrdc.org/greensquad/intro/intro\\_1.asp](http://www.nrdc.org/greensquad/intro/intro_1.asp)

Healthy Schools Network: [www.healthyschools.org](http://www.healthyschools.org)

Center for Environmental Health and Justice: [chej.org](http://chej.org)

Envirolink: [www.envirolink.org](http://www.envirolink.org)

## Health and Nutrition

- a. Support comprehensive health, wellness and safety education.
- b. Promote the accessibility of comprehensive physical and mental health services in school and community.
- c. Promote and collaborate on wellness initiatives within the school and community.
- d. Promote building healthy lifestyles through daily physical activity and nutrition.
- e. Encourage proper labeling of consumer goods.
- f. Promote quality age-appropriate nutrition programs and standards based on scientific evidence.

## Associated Resolutions

CERTIFICATION OF ATHLETIC TRAINERS – 2015 (R-'08, R-'01, R-'94, U-'87)  
HERBAL CIGARETTES – 2014 (U-'07, U-'00)  
REASONABLE ACCESS TO FOOD DURING SCHOOL – 2014 (U-'07, R-'00, R-'93)  
FOOD ANIMAL PRODUCTION AND ANTIBIOTIC RESISTANCE – 2013  
TRAINING OF SCHOOL EMPLOYEES IN THE CARE OF A CHOKING VICTIM – 2013 (R-'06)  
INFECTION CONTROL TRAINING FOR VOLUNTEERS – 2013 (U-'05; R-'98, R-'91)  
MENTAL HEALTH AND SUBSTANCE ABUSE INSURANCE PARITY – 2012 (U-'05)  
HEALTHY CHOICES – 2012 (R-'05)  
ELIMINATION OF TRANSFATS FROM SCHOOL FOODS – 2012 (U-'05)  
AWARENESS OF MEDICATION MANAGEMENT IN SCHOOLS – 2012 (R-'05, R-'98)  
INGREDIENT LABELING – 2012 (R-'05, R-'98, R-'91, R-'84)  
HEALTHY SCHOOL FOODS – 2011 (R-'04)  
TO REQUIRE COORDINATING COUNCILS ON SCHOOL HEALTH AS A MEANS OF EFFECTIVELY USING SCHOOL TIME  
– 2011 (R-'04, R-'97)  
HEAD INJURIES – 2011 (U-'04, R-'97)  
INERT INGREDIENTS – 2011 (U-'04, R-'97)  
CPR/AED AND FIRST AID – 2011 (R-'04, U-'97, R-'90, R-'83)  
RAPID WEIGHT LOSS DIETS – 2011 (R-'04, R-'97, R-'90, R-'83)  
FOOD INSPECTION AND REGULATION – 2010 (R-'03, R-'96, R-'89, U-'82)  
SCHOOL LUNCH PROGRAMS – 2010 (R-'03, R-'96, R-'89, U-'82)  
PREVENTIVE HEALTH PROGRAMS – 2010 (U-'03, U-'96, R-'89, U-'82)  
SCHOOL NURSES – 2009 (R-'02, R-'95, R-'88)

## Associated Position Papers

PARTNERS FOR HEALTHY LIFESTYLES

## Resources

Pew Health Initiatives: [www.pewhealth.org](http://www.pewhealth.org)  
Centers for Disease Control: [www.cdc.gov](http://www.cdc.gov)  
US Department of Health and Human Services: [www.hhs.gov](http://www.hhs.gov)  
National Institute of Health: [www.nih.gov](http://www.nih.gov)  
US Department of Agriculture/Choose My Plate: [www.choosemyplate.gov](http://www.choosemyplate.gov)  
Let's Move: National Initiative from Michelle Obama: [www.letsmove.gov](http://www.letsmove.gov)  
US Department of Health and Human Services: Health Resources and Services Administration:  
[www.hrsa.gov/index.html](http://www.hrsa.gov/index.html)

NYS Department of Health: [www.health.ny.gov](http://www.health.ny.gov)  
National Association of School Nurses: [www.nasn.org](http://www.nasn.org)  
NYS Nurses Association: [www.nysna.org](http://www.nysna.org)  
New York Statewide School Health Services Center: [www.schoolhealthservicesny.com](http://www.schoolhealthservicesny.com)  
American Diabetes Association: [www.diabetes.org](http://www.diabetes.org)  
Healthy Weight Network: [www.healthyweightnetwork.com](http://www.healthyweightnetwork.com)  
American Heart Association: [www.heart.org](http://www.heart.org)  
World Health Organization: [www.who.org](http://www.who.org)  
Kids Health: [www.kidshealth.org](http://www.kidshealth.org)

## Juvenile Protection

- a. Promote improvement of juvenile justice and court facilities, educational conditions, personnel and procedures that deal with delinquent, neglected and abused children and youth.
- b. Support services and programs that provide assistance to families in stress/crisis situations.
- c. Seek and support the provision of safe care and educational opportunities for children in all environments.
- d. Seek and support the protection of children from the threats of negative influences.

## Associated Resolutions

TREATMENT OF PERSONS IN NEED OF SUPERVISION (PINS) – 2015 (U-'08, R-'01, R-'98, R-'91, R-'84)  
DOMESTIC AND/OR INTIMATE PARTNER VIOLENCE/SEXUAL HARASSMENT – 2015 (U-'08, R-'01, R-'94)  
TO PROMOTE NON-VIOLENT CONFLICT RESOLUTION IN THE MEDIA – 2015 (U-'08, R-'01, R-'94)  
SCHOOL PROTECTION OF STUDENT PRIVACY – 2015 (R-'08, R-'01, R-'94, R-'87)  
PUPILS WITH SUPPORT SERVICE NEEDS – 2014 (R-'07, R-'00, R-'93, U-'86)  
INTERNET SAFETY – 2013 (U-'06)  
JUVENILE OFFENDERS - PREVENTION, INTERVENTION AND FOLLOW-UP – 2013 (R-'06, R-'99)  
TRANSFERRING OF RECORDS – 2013 (R-'06, R-'99, R-'92)  
DOMESTIC VIOLENCE – 2013 (R-'06, R-'99, R-'92)  
SUICIDE PREVENTION – 2013 (U-'06, R-'99, R-'92, R-'85)  
TEACHING OUR CHILDREN PERSONAL SAFETY – 2012 (R-'05, R-'98, R-'91)  
SAFEGUARDING EXPLOITED AND MISSING CHILDREN – 2012 (R-'05, R-'98, R-'91, R-'84)  
FINGERPRINTING CHILDREN – 2011 (R-'04, R-'97, R-'90, R-'83)  
LIMITING CHILD LABOR – 2011 (U-'04, R-'97, U-'90)  
MISSING CHILDREN – 2011 (U-'04, R-'97, R-'90, R-'83)  
PROTECTING YOUTH IN CULTS – 2010 (R-'03, R-'96, R-'89, U-'82)  
BACKGROUND CHECKS OF SCHOOL EMPLOYEES – 2010 (U-'03, R-'96, R-'89)  
HAZING – 2009 (U-'02, U-'01, R-'94, R-'87)  
EMANCIPATION OF MINORS – 2009 (U-'02, U-'98, R-'91, R-'84)

## Resources

NYS Office of Children and Family Services, Child Protective Services: [www.ocfs.state.ny.us/main/cps](http://www.ocfs.state.ny.us/main/cps)  
Prevent Child Abuse: [www.preventchildabuseny.org](http://www.preventchildabuseny.org)  
NYS Office for the Prevention of Domestic Violence: [www.opdv.ny.gov](http://www.opdv.ny.gov)  
US Department of Health and Human Services: Administration for Children and Family: Child Welfare Information Gateway: [www.childwelfare.gov](http://www.childwelfare.gov)  
NYS Family Resources: [www.nysfamilyresources.org](http://www.nysfamilyresources.org)  
NYS Coalition Against Domestic Violence: [www.nyscadv.org](http://www.nyscadv.org)  
National Center for Missing and Exploited Children: [www.missingkids.com](http://www.missingkids.com)  
NYS Division of Criminal Justice Services: [www.criminaljustice.ny.gov](http://www.criminaljustice.ny.gov)  
National Center for Juvenile Justice (New York State Profile): [www.ncjj.org/State/New-York.aspx](http://www.ncjj.org/State/New-York.aspx)  
US Department of Justice: [www.justice.gov](http://www.justice.gov)  
Striving To Reduce Youth Violence Everywhere: [vetoviolenace.cdc.gov/apps/stryve/](http://vetoviolenace.cdc.gov/apps/stryve/)  
Center for the Prevention of Youth Violence: [www.jhsph.ed.u/research/centers-and-institutes/center-for-prevention-of-youth-violence](http://www.jhsph.ed.u/research/centers-and-institutes/center-for-prevention-of-youth-violence)  
Harvard Youth Violence Prevention Center: [www.hsph.harvard.edu/hyvpcc](http://www.hsph.harvard.edu/hyvpcc)

## Safety

- a. Ensure the safety of children in the school environment.
- b. Ensure safe infrastructure and modes of transportation.
- c. Encourage safe conditions in the home and community.
- d. Secure appropriate measures to prevent the incidence of missing and abused children.
- e. Promote awareness and elimination of hazards and risks, in both real and virtual worlds, to children and youth.

### Associated Resolutions

GUN POSSESSION BY MINORS – 2015 (R-'08, U-'01, R-'94, U-'87)  
SCOOTER, SKATEBOARD AND IN-LINE SKATING PROTECTIVE GEAR – 2015 (U-'08, U-'01, R-'95, U-'90)  
DISCHARGING OF FIRE ARMS WITHIN SCHOOL AREAS – 2014 (R-'07, R-'00, R-'93, R-'86)  
REVISING NEW YORK STATE DEPARTMENT OF TRANSPORTATION CHILD SAFETY ZONE POINT SYSTEM – 2013  
CHILDREN FIREARMS ACCIDENT PREVENTION LAW – 2013 (U-'06, R-'99, U-'92)  
BICYCLE HELMET LAW – 2013 (U-'06, U-'99, R-'92, U-'89)  
CHARTER BUS SAFETY – 2013 (U-'06, U-'99, R-'92)  
IDENTIFYING UNSAFE SCHOOL CROSSINGS ON STATE OWNED ROADS – 2012 (R-'05, R-'98)  
TRAFFIC LIGHT INSTALLATION AT SCHOOLS WHICH ARE LOCATED ON STATE OWNED ROADS – 2011 (R-'04, U-'97, R-'90)  
SEAT BELT USAGE ON SCHOOL BUSES – 2011 (R-'04, R-'97, R-'90, R-'83)  
EMERGENCY TELEPHONE NUMBER 911 – 2011 (R-'04, R-'97, R-'90, R-'83)  
SAFETY ITEMS ON SCHOOL BUSES – 2011 (U-'04, R-'97, R-'90, R-'83)  
YOUTH CAMP SAFETY – 2011 (R-'04, R-'97, R-'90, R-'83)  
CHANGE IN THE VEHICLE TRAFFIC LAW PERTAINING TO STOPPED SCHOOL BUSES – 2010 (R-'03, R-'96)  
MANDATED FIRE DRILLS – 2010 (R-'03, U-'96, R-'89)  
MONITORS ON SCHOOL BUSES – 2010 (U-'03, R-'96, R-'89, U-'82)  
SCHOOL BUS STOP VULNERABILITY – 2009 (U-'02, U-'01, R-'94)  
PENALTIES FOR PASSING A STOPPED SCHOOL BUS – 2009 (R-'02, R-'95, R-'88)  
ADULT SUPERVISION – 2009 (R-'02, R-'95, R-'88)  
HORSEBACK RIDING SAFETY – 2009 (U-'02, R-'98, R-'91)

### Resources

NYS Education Department, Child Safety Zones:  
[www.p12.nysed.gov/schoolbus/Parents/htm/Child\\_Safety\\_Zones.htm](http://www.p12.nysed.gov/schoolbus/Parents/htm/Child_Safety_Zones.htm)  
New York Center for School Safety: [www.nyscenterforschoolsafety.org](http://www.nyscenterforschoolsafety.org)  
NYS Division of State Police: Crime Prevention and School Safety:  
[www.troopers.ny.gov/Crime\\_Prevention/School\\_Safety](http://www.troopers.ny.gov/Crime_Prevention/School_Safety)  
AAA NYS, School Safety Patrol: [www.aaanys.com/content/school-safety-patrol](http://www.aaanys.com/content/school-safety-patrol)  
National Center for Safe Routes to School: [www.saferoutesinfo.org](http://www.saferoutesinfo.org)  
Cyberbullying Research Center: [cyberbullying.us](http://cyberbullying.us)  
National Anti-Bullying: [www.stopbullying.gov](http://www.stopbullying.gov)