

ADVOCACY ALERT



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Physical Education Requirements

The NYS Education Department has received allegations that certain school districts may not be providing physical education programs to students in full compliance with Section 135.4 of the Commissioner's Regulations. School districts are encouraged to review the regulations to ensure that they are in compliance with the number of days per week and total minutes per week that are required for physical education at each grade level.

All elementary school children, grades K-3, must have physical education on a daily basis, and in grades 4-6, at least 3 times per week for 120 minutes exclusive of any dressing and showering time. Children who exercise their bodies help to exercise their minds and therefore increase student achievement.

The regulations are posted at <http://www.emsc.nysed.gov/ciai/pe/pub/part135.pdf>.